

 <p><b>POLICY LIBRARY: MEDICAL</b></p>	<b>Effective Date:</b>	<b>Approval Date:</b>	<b>Approved By:</b>
	08/17/2008	08/17/2008	MQIC/GC
	<b>Doc. Control #: PRV.MQ.MP.032.001</b>		
<b>Title/Subject:</b>			
<b>TMMP 113 - NEUROMUSCULAR RE-EDUCATION (97112)</b>			

**1. Purpose**

The purpose of this policy is to establish criteria for the medical necessity of neuromuscular re-education.

**2. Definition**

Neuromuscular re-education is defined as direct one-on-one supervision and instruction in the performance of exercises designed to improve and/or maintain balance, coordination, kinesthetic sense, posture, and/or proprioception for functional activities. These procedures are timed services and should be reported for each 15 minute time period performed.

**3. Statement of Policy**

**3.1.** The determination of medical necessity for the use of neuromuscular re-education exercises is always made on a case-by-case basis.

**3.2.** Neuromuscular re-education may be considered **medically necessary** for a patient who has documented impairment of balance, coordination, kinesthetic sense, posture, and/or proprioception as it relates to functional activities which has resulted from disease, injury or surgery.

**3.3.** The ultimate goals of neuromuscular re-education are to restore function and transition to home-based neuromuscular re-education activities. Once a home-based program can be appropriately performed, continuing supervised neuromuscular re-education may be considered **not medically necessary**.

**3.4.** Any treatment plan involving the use of neuromuscular re-education should ultimately result in a reduction in the patient's pain and/or an improved ability to carry out activities of daily living. The use of neuromuscular re-education beyond two to three (2-3) weeks without a clinically meaningful reduction in pain levels and/or clinical signs of functional improvement may be considered **not medically necessary**.

**4. References**

**4.1. Scientific:**

The following scientific references were utilized in the formulation of this medical policy. Triad Healthcare, Inc. will continue to review clinical evidence surrounding neuromuscular re-education and may modify this policy at a later date based upon the

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evolution of the published clinical evidence. Should additional scientific studies become available and they are not included in the list, please forward the reference(s) to Triad Healthcare, Inc. so the information can be reviewed by the Academic Advisory Committee (AAC) and the Medical Quality Improvement Committee (MQIC) to determine if a modification of the policy is in order.

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**4.2. Related Triad Medical Policies:**

- [TMMP 10 - The Use of Physical Modalities and Therapeutic Procedures](#)
- [TMMP 18 - Medical Necessity](#)

**5. Attachments**

- 5.1. [Provider Manual](#)

**Table of Revisions**

Revision Date	Modified By	Description
08/17/2008	Level 1, 2, 3	New medical policy.